Track: 2018-05-25 Grotta del Capraro (Corvo) — **Date: 25/05/2018**

Track: 2018-05-25 Grotta del Capraro (Corvo)	**IBP = 128 HKG**
These speeds are average for = HKG	
IBP index reliability= A	

Total length	11.75 Km
Analyzed distance	11.75 Km
Lineal distance	0.08 Km

Accumulated climb	1253.97 m
Accumulated descent	1194.5 m
Maximum height	2453.48 m
Minimal height	1225.8 m
Climb rate	21.7 %
Descent rate	20.78 %
Positive climb difference per	106.72 m
Negative descent difference per	101.66 m

Total time	7:01:11 h
Time in movement	4:04:53 h
Stopped time	2:56:18 h

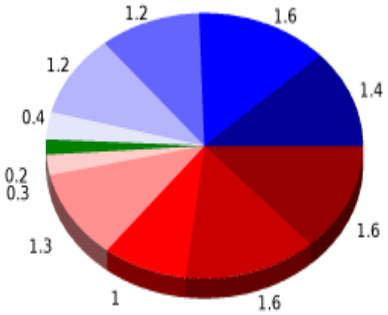
Total speed average	1.67 Km/h
Average speed in movement	2.88 Km/h
Maximum held speed	9.87 Km/h

Max slope filter	~55 %
Min. points separation	~30 m
Number of points	957 (cad. 12.28 m)
Significant points	329 (cad. 35.82 m / 34.38 %)
Aberrant points	186 (19.44 % d. total)

Direction changes per	15.91
Direction changes >5° per	14.21
Accumulated straight stretches	1.039 Km
Straight stretches per	88.43 m
Penalizables slope changes	7
Penalizables slope changes per	0.596

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Summary of slopes



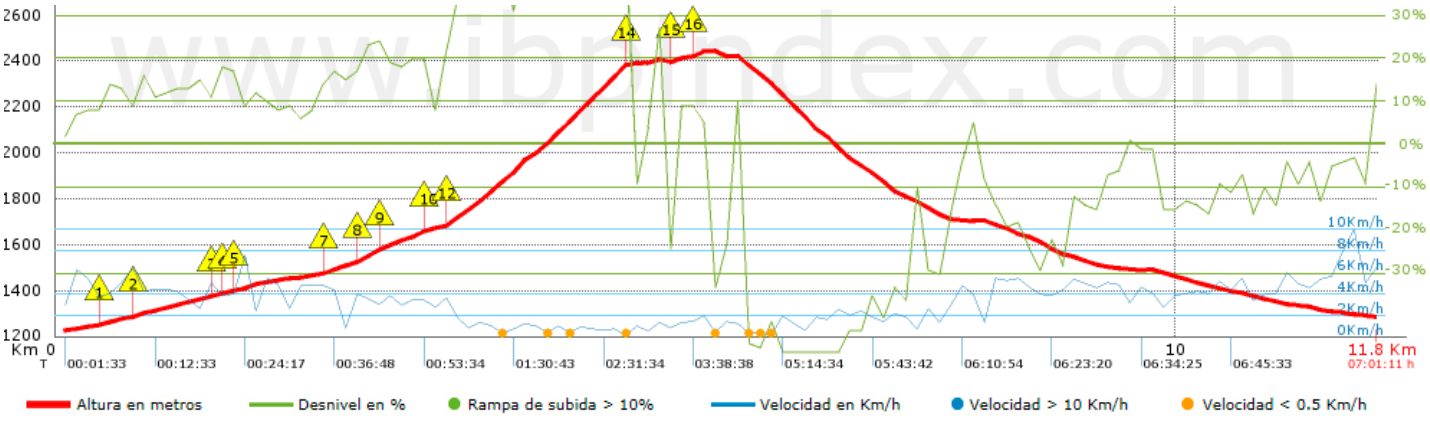
	Climbs	Distance in km	above the total in %	Speed in	Time h:m:s
	Between 30% and 55%	1.633	13.9	1.79	0:54:50
	Between 15 and 30%	1.557	13.25	2.86	0:32:40
	Between 10 and 15%	0.993	8.45	3.81	0:15:39
	Between 5 and 10%	1.255	10.68	3.27	0:23:00
	Between 1 and 5%	0.342	2.91	2.49	0:08:14
	Total :	5.78	49.19	2.58	2:14:23
	Plain				
	Difference of 1%	0.223	1.9	4	0:03:21
	Breakdown descents				
	Between 1 and 5%	0.402	3.42	4.85	0:04:58
	Between 5 and 10%	1.158	9.86	3.97	0:17:29
	Between 10 and 15%	1.186	10.09	3.72	0:19:09
	Between 15 and 30%	1.585	13.49	3.26	0:29:08
	Between 30% and 55%	1.416	12.05	2.33	0:36:25
	Total :	5.747	48.91	3.22	1:47:09
	Total track :	11.75	100 %	2.88	4:04:53

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Steep slopes > 10%

Steep slopes	Mileage point	Average slope	Interval
1	0.396	14 %	168 m
2	0.671	13 %	675 m
3	1.345	11 %	103 m
4	1.449	17 %	103 m
5	1.551	13 %	218 m
6	2.318	14 %	35 m
7	2.353	17 %	300 m
8	2.652	24 %	242 m
9	2.894	20 %	377 m
10	3.271	12 %	143 m
11	3.414	22 %	39 m
12	3.453	43 %	1595 m
13	5.048	48 %	41 m
14	5.089	24 %	47 m
15	5.454	17 %	102 m
16	5.653	21 %	103 m

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High altitude parameters, data above							
Altitude	Distance m	% of total	Time in movement	Speed	Stopped time	Total time	Speed
2250	1689.212	14.38	0:40:44	2.49	2:11:59	2:52:43	0.59
2000	1047.196	8.91	0:36:28	1.72	0:25:03	1:01:31	1.02
1750	1405.508	11.96	0:49:30	1.7	0:16:11	1:05:41	1.28
1500	2753.856	23.44	0:49:47	3.32	0:03:05	0:52:52	3.13
Total :	6.896 Km	58.69 %	2:56:29 h	2.34 Km/h	2:56:18 h	5:52:47 h	1.17 Km/h

Stops					
Distance	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
2.49	0:03:05	1496	0:37:15	0:37:15	2.49
3.859	0:06:45	1831	1:14:55	0:37:40	1.369
3.956	0:02:35	1874	1:25:23	0:10:28	0.097
4.288	0:07:38	2011	1:43:15	0:17:52	0.332
4.499	0:04:42	2105	1:58:54	0:15:39	0.211
4.676	0:26:29 > 10´	2186	2:12:41	0:13:47	0.176
4.984	0:30:05 > 10´	2332	2:41:28	0:28:47	0.308
5.166	0:05:08	2391	3:15:04	0:33:36	0.183
5.394	0:02:19	2408	3:26:52	0:11:48	0.228
5.756	0:16:28 > 10´	2442	3:43:24	0:16:32	0.362
6.078	0:27:47 > 10´	2422	4:08:43	0:25:19	0.322
6.245	0:32:53 > 10´	2357	4:38:10	0:29:27	0.167
6.572	0:03:33	2204	5:19:46	0:41:36	0.327
7.557	0:06:51	1809	5:52:27	0:32:41	0.986
Total :	2:56:18 h				

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